## **Supplementary material**



Figure S1. Representative bright field TEM images of ZnO nanorods (a) before and (b) after creep tests. Insets are diffraction pattern of nanorods indicating [1 1 -2 0] zone.

Table S1. Mechanical properties of ZnO nanowire (NW), nanobelts (NB), nanorods (NR), nanopillar (NP), nanotube (NT), forest(F) examined with various nanomechanical testing methods (*d*: diameter, *t*: thickness, *w*: width, *E*: elastic modulus,  $E_r$ : reduced modulus, *H*: hardness,  $\sigma_f$ : fracture strength,  $\varepsilon_f$ : fracture strain,  $\sigma_y$ : yield strength,  $\sigma_b$ : buckling strength).

Method	Shape	Size [nm]	E or E <sub>r</sub> [GPa]	<i>H</i> [GPa] or $\sigma$ [GPa] or $\epsilon$	Marks	Ref
	NW	( <i>d</i> ) 20-50	-	( <i>H</i> ) 3.4	Double contact model	[S1]
	NW	( <i>d</i> ) 50-300	$(E_{\rm r})$ 58.7	( <i>H</i> ) 3.3	Observation of creep	[S2]
Indentation	NW, NB	( <i>d</i> ) 25.5-134.4, ( <i>t</i> ) 250, ( <i>w</i> ) 450	( <i>E</i> ) 104-198	-	d↓⇒E↑	[ <b>S</b> 3]
	NB	(w) ~100 (t) ~10-100	( <i>E</i> <sub>r</sub> ) 20-50	( <i>H</i> ) 2-8	Indentation size effect	[ <b>S</b> 4]
	NB	(w) 270-700 (t) 50-140	( <i>E</i> ) 31.1	-	Observation of creep	[ <b>S</b> 5]
	NR	( <i>d</i> ) 300-1000	( <i>E</i> ) 63, 116	( <i>H</i> ) 9.72, 7.79	(0 0 0 1), (0 1 -1 0) plane	[S6]
	MW	( <i>d</i> ) 5000-10000	( <i>E</i> ) 31.68	( <i>H</i> ) 5.82	Observation of creep	[S7]
Destruction	NW	( <i>d</i> ) 45	( <i>E</i> ) 29	-		[S8]
	NW	( <i>d</i> ) 60-310	-	$(\varepsilon_{\rm f}) \ 0.077$	Brittle fracture, no size effect in $\varepsilon_{\rm f}$	[ <b>S</b> 9]
	NW	( <i>d</i> ) 85-542	-	$(\varepsilon_{\rm f}) \ 0.04-0.07$	Brittle fracture	[S10]
	NW	( <i>d</i> ) 18-304	( <i>E</i> ) 133	$(\sigma_{\rm f})$ 3.9-7.0	$d\downarrow \Rightarrow \sigma_{\rm f}\uparrow$ , no size effect in <i>E</i> , brittle fracture	[ <b>S</b> 11]
	NW	( <i>d</i> ) 70-110	( <i>E</i> ) 148	$(\sigma_{\rm f})$ 1.8-4.4 ( $\varepsilon_{\rm f}$ ) 0.002-0.007	Brittle fracture	[ <b>S</b> 12]
bending	NW	( <i>d</i> ) 520-680	(E) 29.37	-	-	[S13]
test	NW	( <i>d</i> ) 40-400	( <i>E</i> ) 147.3-249.3	-	<i>d</i> ↓⇒ <i>E</i> ↑, core-shell model, ductile-to-brittle transition, amorphization	[ <b>S</b> 14]
	NB	( <i>w</i> ) 90-125 ( <i>t</i> ) 70-115	( <i>E</i> ) 105-162	-	-	[S15]
	NB	( <i>w</i> ) 120-350 ( <i>t</i> ) 50-150	( <i>E</i> ) 40-88	-	Humidity $\uparrow \Rightarrow E \uparrow$	[ <b>S</b> 16]
	NR	( <i>d</i> ) 97-113	( <i>E</i> ) 29, 34,	-	<11-20>, <10-10> direction	[S17]
	NW	( <i>d</i> ) 200-500	( <i>E</i> ) 21	$(\varepsilon_{\rm f}) \ 0.05 - 0.15$	$d \downarrow \Rightarrow \varepsilon_{\rm f} \uparrow$ , brittle fracture	[S18]
Uniaxial	NW	( <i>d</i> ) 20-512	-	$(\sigma_{\rm f}) 3.35-9.53$ $(\varepsilon_{\rm f}) 0.023-0.062$	$d\downarrow \Rightarrow \sigma_{\rm f}\uparrow$ , brittle fracture	[ <b>S</b> 19]
	NW	( <i>d</i> ) 20-80	( <i>E</i> ) 130-170	$(\sigma_{\rm f}) 4.10-10.32$ $(\varepsilon_{\rm f}) 0.03-0.06$	Size effect, brittle fracture	[S20]
1031	NW	( <i>d</i> ) 18-114	-	$(\varepsilon_{\rm f}) 0.02-0.065$	$d\downarrow \Rightarrow \varepsilon_{\rm f}\uparrow$ , brittle fracture	[S21]
	NW	( <i>d</i> ) 350-520	( <i>E</i> ) 57.15	-	-	[S13]
	NW	( <i>d</i> ) 60-310	( <i>E</i> ) 97	$(\sigma_{\rm f}) 3.7-5.5$	Brittle fracture	[S9]
	NP	( <i>d</i> ) 1000	( <i>E</i> ) 123	$(\sigma_{\rm y})$ 3	Pyramidal slip	[S22]
	NW	( <i>d</i> ) 20-80	( <i>E</i> ) 140-210	$(\sigma_{\rm f}) 4.10-10.32$ $(\varepsilon_{\rm f}) 0.03-0.06$	Core-shell model, brittle fracture	[S20]
	NW.F	( <i>d</i> ) 30, 100	-	$(\sigma_{\rm b})$ 806, 723	-	[S23]
Buckling test	NW.F	( <i>d</i> ) 300-600	( <i>E</i> ) 64.6-345.7	$(\sigma_{\rm b}) \ 0.1-0.55$ $(\varepsilon_{\rm b}) \ 0.0011-0.0016$	$d\!\downarrow \! \Rightarrow \! E \And \sigma_{\mathrm{y}} \! \uparrow$	[S24]
	NR.F, NT.F	( <i>d</i> ) 208, ( <i>d</i> <sub>out</sub> ) 208, ( <i>d</i> <sub>inner</sub> ) 125	-	(σ <sub>b</sub> ) 0.006765, 0.0025	-	[ <b>S</b> 25]
	NW	( <i>d</i> ) 17-550	(E) 140-220	-	$d \downarrow \Rightarrow E \uparrow$	[S26]
Resonance test	NW	( <i>d</i> ) 30-100	( <i>E</i> ) 58, 99		(0 0 0 1), (-1 0 1 0) plane	[S27]
	NW	( <i>w</i> ) 28-55, ( <i>t</i> ) 19-39	( <i>E</i> ) 52	-	-	[S28]

Table S2. Diffusivities of Zn and O in ZnO and at 298 K and ratio to surface diffusivity.

Path	T <sub>exp</sub> [K]	$D_o [m^2/s]$	Q [J/atom]	<b>D</b> [m <sup>2</sup> /s]	D <sub>surf</sub> /D	Ref
Lattice	1273-1523	$1.30 \times 10^{-09}$	$3.02 \times 10^{-19}$	$1.54 \times 10^{-41}$	$3.85 \times 10^{13}$	[S29]
Lattice	1072 1672	$1.00 \times 10^{-05}$	6.19 x 10 <sup>-19</sup>	$4.75 \times 10^{-71}$	$1.24 \times 10^{43}$	[820]
GB	10/3-10/5	$1.00 \times 10^{-1}$	$4.80 \times 10^{-19}$	$2.27 \times 10^{-52}$	$2.60 \times 10^{24}$	[330]
Lattice	1173-1673	$3.00 \times 10^{-4}$	$4.59 \times 10^{-19}$	1.09 x 10 <sup>-52</sup>	$5.45 \times 10^{24}$	[ <b>S</b> 31]
Lattice	485-994	$7.26 \times 10^{-10}$	$2.88 \times 10^{-19}$	$2.56 \times 10^{-40}$	$2.31 \times 10^{12}$	<b>[S32]</b>
Lattice	1123-1293	$1.73 \times 10^{-2}$	$6.18 \times 10^{-19}$	$1.03 \times 10^{-67}$	$5.75 \times 10^{39}$	<b>[S33]</b>
Lattice	1200 1650	$1.57 \times 10^{-7}$	$4.26 \times 10^{-19}$	$1.56 \times 10^{-52}$	$3.79 \times 10^{24}$	[\$24]
GB	1300-1030	$1.59 \times 10^{-3}$	3.91 × 10 <sup>-19</sup>	$8.34 \times 10^{-45}$	$7.09 \times 10^{16}$	[334]
Lattice	700-1200	$4.54 \times 10^{-7}$	$4.55 \times 10^{-19}$	$4.07 \times 10^{-55}$	$1.45 \times 10^{27}$	[ <b>S</b> 35]

## Zn diffusion

## O diffusion

Path	T <sub>exp</sub> [K]	$D_o [m^2/s]$	Q [J/atom]	<b>D</b> [m <sup>2</sup> /s]	D <sub>surf</sub> /D	Ref
Lattice	1273-1523	$6.50 \times 10^{7}$	$1.15 \times 10^{-18}$	$5.11 \times 10^{-114}$	$1.16 \times 10^{86}$	[S29]
Lattice	1423-1673	$1.05 \times 10^{-1}$	$6.57 \times 10^{-19}$	$4.54 \times 10^{-71}$	$1.30 \times 10^{43}$	<b>[S</b> 36]
Lattice (a-axis)		$4.00 \times 10^{-11}$	$3.56 \times 10^{-19}$	$1.11 \times 10^{-48}$	$5.35 \times 10^{20}$	[\$37]
Lattice (c-axis)	1123 1473	$9.00 \times 10^{-10}$	$4.04 \times 10^{-19}$	$2.09 \times 10^{-52}$	$2.83 \times 10^{24}$	
Lattice (a-axis)	1125-1475	$1.52 \times 10$	$6.54 \times 10^{-19}$	$1.43 \times 10^{-68}$	$4.13 \times 10^{40}$	
Lattice (c-axis)		$5.50 \times 10^{-05}$	$6.07 \times 10^{-19}$	$4.18 \times 10^{-69}$	$1.42 \times 10^{41}$	
Lattice (a-axis)		$1.50 \times 10$	$8.15 \times 10^{-19}$	$1.22 \times 10^{-85}$	$4.86 \times 10^{57}$	
Lattice (c-axis)	1203-1323	$1.20 \times 10^4$	$9.48 \times 10^{-19}$	9.14 × 10 <sup>-97</sup>	$6.47 \times 10^{68}$	<b>[S38]</b>
GB		$5.00 \times 10^{-7}$	$4.95 \times 10^{-19}$	$2.81 \times 10^{-59}$	$2.11 \times 10^{31}$	
Lattice	1172 1072	$4.15 \times 10^{-8}$	$3.71 \times 10^{-19}$	$2.67 \times 10^{-47}$	$2.22 \times 10^{19}$	[820]
GB	11/5-12/5	$5.51 \times 10^{-2}$	$4.43 \times 10^{-19}$	$9.28 \times 10^{-49}$	$6.38 \times 10^{20}$	[833]
Near interface	1002 1202	$6.70 \times 10^{-5}$	$5.74 \times 10^{-19}$	$1.44 \times 10^{-65}$	$4.10 \times 10^{37}$	[840]
Near surface	1093-1393	$3.20 \times 10^{-3}$	6.59 × 10 <sup>-19</sup>	$7.87 \times 10^{-73}$	$7.52 \times 10^{44}$	[540]
Lattice	1072 1072	1.30 x 10 <sup>-11</sup>	$3.60 \times 10^{-19}$	$1.16 \times 10^{-49}$	$5.09 \times 10^{21}$	[0.41]
GB	10/3-12/3	5.90 x 10 <sup>-6</sup>	$3.54 \times 10^{-19}$	$2.65 \times 10^{-43}$	$2.23 \times 10^{15}$	[541]

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